



LOCAL AND IV SEDATION SURGERIES

1. If you take regular medications:
 - a. Please continue taking your regular medications, unless specifically instructed by Dr. Griffitts.
 - b. If you have any questions about medication use, please call our office.
2. If you were prescribed Valium for your surgery, please take one dose the night before, at bedtime. You will take your second dose one hour before your appointment with a small sip of water.
3. For your safety, please inform our office of any upper respiratory infection within the last two weeks.
4. Your postoperative prescriptions are routinely sent to your pharmacy two days prior to your surgery date. Please arrange to collect those prescriptions from your pharmacy. If you have any questions about your prescriptions, please call our office.
5. If you are undergoing a Dental Implant and/or Bone Grafting:
 - a. Please take antibiotics one hour prior to surgery with small sips of water. Refer to your medication bottle for instructions.

IV SEDATION SURGERY ONLY

1. Please arrive for your surgical appointment having followed these diet instructions:
 - a. Do not eat 8 hours prior to your surgery (including gum and hard candy).
 - b. Consume only clear liquids up to 2 hours prior to your surgery.
 - i. Clear liquids include: water, coffee (without creamer), tea, pulp-free juice
 - c. It is okay to brush your teeth prior to your appointment.
2. Please arrange for a responsible adult to care for you following your surgery. They are required to remain in our office for the entirety of your surgery.

Due to a shortage of IV fluids caused by the recent hurricanes, we recommend that patients ensure they are well-hydrated up to two hours before their procedure. Please note that this will not impact the sedation process during your surgery.